







HEATHER ECK

ACC, CALC

CONTACT

-  Raleigh, NC
-  heather@raleighcoaching.com
-  (919) 322-8344
-  [Linkedin.com/in/heathereck/](https://www.linkedin.com/in/heathereck/)

EXPERTISE

- Authentic Leadership
- Career Transition & Development
- Company Culture Development
- Emerging Leaders
- Executive Presence Development
- Group Coaching Facilitation
- New Manager & Promotions
- Women in Leadership

SPECIALIZED TRAINING

- Associate Certified Coach (ICF)
- Certified Authentic Leadership Coach (CALC)
- SPHR
- SHRM-SCP
- Myers & Briggs (MBTI Certified)

PROFILE

Heather has extensive HR and project management experience is such companies as MBNA/Bank of America, Ogilvy & Mather, and Epic Games. After leaving the corporate world to pursue her own passion for coaching and art, Heather understands and can help balance the practical and the magical elements of life.

A creative and gentle leader, Heather is often described as "an iron fist in a velvet glove." Her ability to intuitively connect to individuals through her calm demeanor allows her to build immediate trust and safety with those around her. She holds space but isn't afraid to use humor, practical stories, and insights to help challenge clients to step out of their own way and step more fully into the naturally creative, imaginative, and purposeful life they are meant to live.

Heather's mission is to foster conversations that support driven, motivated, unique individuals as they develop into the leaders they are here to be.

