







HOLLY-JO JONES

MBA, ACC, CALC

CONTACT

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EXPERTISE

- Authentic Leadership
- Career Transition & Development
- C-Level Executive Coaching
- Company Culture Development
- Emerging Leaders
- Executive Presence Development
- Grief, Loss & Letting Go
- Self-esteem & Confidence
- Transitions, Change & Choices
- Women in Leadership

SPECIALIZED TRAINING

- Certified Associate Coach (ICF)
- Certified Authentic Leadership Coach (CALC)
- Certified DISC+Values Coach
- Certified Grief Coach™
- Certified EQ-i and EQ-360 Emotional Intelligence Assessments Administrator
- Mindfulness-Based Stress Reduction (UNC-Chapel Hill)

PROFILE

In 2013, after more than 20 years in marketing, Holly-Jo began her pursuit to find a more fulfilling career. This led to her pivot to coaching.

Holly-Jo's caring yet assertively direct approach to coaching is the perfect combination of backbone and heart. Her clients release limiting beliefs and shift emotional and physical patterns to make way for greater work/life harmony in their lives. She partners primarily with women in leadership who desire change, and champions their success by providing encouragement, clarity, and confidence.

Holly-Jo understands that there isn't a "one size fits all" solution, which is why she makes use of assessments to identify emotional intelligence, core values, and natural behaviors to personalize her coaching approach. Her dedication to inspire and help others achieve fulfilling success is unwavering.

