# KATHLEEN O'GRADY

#### PROFILE

MCC, CALC

# CONTACT

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## EXPERTISE

- Authentic Leadership
- C-Level Executive Coaching
- Company Culture Development
- Emerging Leaders
- Executive Presence Development
- Group Coaching Facilitation
- New Manager & Promotions
- Women in Leadership

## SPECIALIZED TRAINING

- Professional Certified Coach (ICF)
- Certified Authentic Leadership Coach (CALC)
- Certified Business Coach (NCSU)
- Certified Tilt Coach (CTC) Tilt 365
- Certified EQ-i and EQ-360 Emotional Intelligence Assessments Administrator
- Mindfulness-Based Stress Reduction (Duke)

Founder of Raleigh Coaching, LLC and Raleigh Coaching Academy, Kathleen is a visionary leadership coach and fearless leader. She supports driven individuals and organizations to achieve the impossible. Her ability to act as a catalyst for people to discover, rediscover, and embrace their unique genius is what makes Kathleen one of the most sought-after global executive coaches. She is a two-times past president of the International Coaching Federation Raleigh Chapter, and her work is featured in web articles by the NYTimes.com, Huffingtonpost.com, Forbes.com, and eFinancialCareers.com.

Her real-world stories, practical tools, and actionable insights help clients step out of their comfort zone to create authentic meaning and purpose in their life and work. By embracing change, Kathleen believes everyone can achieve something extraordinary.

Kathleen's mission is to develop future-ready leaders and companies that honor individual uniqueness, creativity, and innovation, especially within the financial, technology, hospitality, and healthcare industries.

