





# MILDRED EDWARDS

PhD, CPTD, ACC, CALC

## CONTACT

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## EXPERTISE

- Authentic Leadership
- Career Transition & Development
- C-Level Executive Coaching
- Company Culture Development
- Emerging Leaders
- Equity, Diversity & Inclusion
- Executive Presence Development
- Group Coaching Facilitation
- New Manager & Promotions
- Women in Leadership

## SPECIALIZED TRAINING

- Associate Certified Coach (ICF)
- Certified Authentic Leadership Coach
- Brené Brown, Dare to Lead Facilitator
- Lean Six Sigma Yellow Belt (BMGI)
- Developmental Dimensions International (DDI)
- Certified Trainer -
  - Emotional Intelligence I and II, TalentSmart
  - Influencer, Crucial Conversations & Crucial Accountability, VitalSmarts
- Championing Diversity & Project Management for Non-Project Managers, FranklinCovey

## PROFILE

Mildred Edwards is a social scientist and researcher, authentic leadership coach, learning and performance professional, spiritual practitioner, and yogi.

As a business, government, and non-profit leader, Mildred has 20+ years of experience growing the effectiveness of organizations and building communities. She is a Raleigh Coaching Academy certified coach who uses personal leadership development and social empowerment as tools of her trade.

Mildred's coaching combines candid conversation, enlightening observations, humor, and extreme optimism, with the art of respecting and honoring others.

