







LAURA HAYWOOD

ACC, CALC

CONTACT

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EXPERTISE

- Authentic Leadership
- Career Transition & Development
- Company Culture Development
- Emerging Leaders
- Executive Presence Development
- Group Coaching Facilitation
- New Manager & Promotions
- Self-esteem & Confidence
- Transitions, Change & Choices
- Women in Leadership

SPECIALIZED TRAINING

- Associate Certified Coach (ICF)
- Certified Authentic Leadership Coach (CALC)
- Advanced Diploma and Certificate of HE, Psychodynamic Counselling

PROFILE

Laura pivoted into coaching after relocating to the US from the UK, where she practiced as a psychotherapist for many years. This unique combination of experience, in addition to her own journey of relocation and change, has led Laura to become a deeply insightful, grounded, caring, and challenging coach. Laura has a great appreciation for people with diverse challenges who want to move forward in life.

Laura is an exceptionally skilled professional coach who can help her clients move forward by increasing their confidence to navigate change. Laura passionately believes you don't have to feel stuck, lost, or live in the past. She can help you embrace a more positive, authentic, and fulfilling life.

Laura's mission is to empower clients to grow through creating positive, meaningful, and sustained changes in their lives. She enables you to have a different relationship with yourself, others, and life.

